



HORARIO CLASES

Hora de Inicio	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
7:00	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
9:00	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
11:00						CROSSTRaining
12:00	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO
	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
13:00	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO	
13:45 a 15:10		POWER YOGA		POWER YOGA		
13:45	BODY PUMP	CICLO INDOOR	BODY PUMP	CICLO INDOOR	CROSSTRaining	
	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining		
14:00	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO	
17:00	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO	
17:30 a 18:30		KICK BOXING KIDS		KICK BOXING KIDS		
18:00	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO	
19:00	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
	BOXEO	BOXEO	BOXEO	BOXEO	BOXEO	
	KICK BOXING	KICK BOXING	KICK BOXING	KICK BOXING	KICK BOXING	
20:00	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	CROSSTRaining	
	BOXEO	BOXEO	BOXEO	BOXEO		

HORARIO

DE LUNES A VIERNES DE 7h A 21:00h

SABADOS DE 10h A 14h

LA EMPRESA SE RESERVA EL DERECHO DE MODIFICAR HORARIOS DE APERTURA, CURSOS, CLASES, TARIFAS Y MONITORES, SEGÚN CONSIDERE .